



# Volunteer Information / Availability Sheet

Return to: Meg McBride, Spiritual Director @  
Hoperecuperativecare@gmail.com

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Preferred contact Method: \_\_\_\_\_ Phone \_\_\_\_\_ Email (Facebook? \_\_\_ Yes \_\_\_ No)

## Areas of Interest:

\_\_\_\_\_ Staff Support (Work 3-4 hour shifts at least once a week - Or more!!!)

**STAFF SUPPORT Availability: (please circle choices - Note Weekend times differ)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am-12pm	X	8am-12pm	8am-12pm	8am-12pm	7am-11am	7am-11am
12pm-4pm	X	12pm-4pm	12pm-4pm	12pm-4pm	11am-3pm	11am-3pm
4pm-7pm	4pm-7pm	4pm-7pm	4pm-7pm	4pm-7pm	3pm-7pm	3pm-7pm
7pm-11pm	7pm-11pm	7pm-11pm	7pm-11pm	7pm-11pm	7pm-11pm	7pm-11pm

\_\_\_\_\_ Guest Appointment Transportation (Drive guest to the doctor as needed)

**TRANSPORT Availability: (please circle choices) AM = 7am to 12 noon PM = 12 noon to 4pm**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	AM	AM	AM	AM	AM	AM
PM	PM	PM	PM	PM	PM	PM

\_\_\_\_\_ Handy person chores (scheduled as needed / per request)

\_\_\_\_\_ **Cooking Meals (Providing 6pm dinner for guests/staff/volunteers)**

\_\_\_\_\_ **Once a week** \_\_\_\_\_ **Once a month** \_\_\_\_\_ **Other** \_\_\_\_\_

\_\_\_\_\_ **I will cook onsite @ 4804 House**

\_\_\_\_\_ **I prefer to cook at home & deliver meals by 5:50pm**

\_\_\_\_\_ **I will cover the cost of meals as my act of service**

\_\_\_\_\_ **I would like to put my creative cooking skills to use & would like to utilize donated food from HRC stock**

\_\_\_\_\_ **Volunteer in Art Room using my artistic gifts.**

**I have a specific skill set I would like to share. Please explain:** \_\_\_\_\_

**ART Availability: (please circle choices) AM = Before Lunch PM = After Lunch**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>AM</b>	<b>AM</b>	<b>AM</b>	<b>AM</b>	<b>AM</b>	<b>AM</b>	<b>AM</b>
<b>PM</b>	<b>PM</b>	<b>PM</b>	<b>PM</b>	<b>PM</b>	<b>PM</b>	<b>PM</b>

\_\_\_\_\_ **I would like to pledge a monthly financial offering to HRC**

\_\_\_\_\_ **Help with creative fundraising efforts through my professional experience and sphere of influence. (We are immediately in need of someone who can help us organize a reception featuring the Art of HRC @ NHRMC this Spring 2019!)**

\_\_\_\_\_ **I would like to purchase underwear and/or socks once a month via Amazon Wish List [https://www.amazon.com/registry/wishlist/169YX3I86QEWE/ref=cm\\_sw\\_em\\_r\\_mt\\_gm\\_wl](https://www.amazon.com/registry/wishlist/169YX3I86QEWE/ref=cm_sw_em_r_mt_gm_wl)**

\_\_\_\_\_ **Commit to attending ½ Hour of Morning Prayer at least once a week as we pray together for past, current and future guests of the ministry (8:30am sharp in 4804 @ the Table.)**

\_\_\_\_\_ **Pray for the guests and HRC Ministry each week (info via weekly Newsletter)**

\_\_\_\_\_ **I have another idea, gift, skill set that I would like to share at HRC. Please explain:**

\_\_\_\_\_  
\_\_\_\_\_